

BREAKFAST

HOURS 6:00 AM - 11:00 AM MON-SUN

DRINKS

FRESHLY BREWED TORREFAZIONE ITALIA® COFFEE	12.00
TORREFAZIONE ITALIA® COFFEE TABLE-SIDE FRENCH PRESS	8.00
SELECTION OF HOT TAZO TEAS	8.00

Espresso, lattes and cappuccinos are also available

REGIONAL

SHRIMP AND GRITS	15.00
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Georgia shrimp, Andouille sausage ragout, Logan Turnpike grits, poached cage free eggs

 SWEET POTATO AND YUKON GOLD SKILLET	15.00
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Crumbled all natural turkey sausage, spinach, roasted peppers, cage free eggs

INSTINCTIVE

BLT PANINI	13.00
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Local sorghum cured pork belly, fried cage free eggs, arugula, roasted tomatoes, mustard spread on sourdough served with roasted potatoes

SEASONAL FRUIT SELECTION	10.00
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The Chef's selection of locally harvested fruits and berries

To Order, Please Touch 54

All Room Service Orders are Subject to State and Local Taxes, a Delivery Charge of \$3.75, and a Service Charge of 22%. The Service Charge Includes Gratuity.

Consumer advisory - Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

SMOKED SALMON 15.00
Toasted bagel with cream cheese, capers, tomatoes, red onions

GREEK YOGURT PARFAIT 8.00
Granola, seasonal fruits

COMFORT

MCCAIN'S STEEL CUT OATMEAL 7.00
Choose One:
Macerated berries, orange blossom honey cream
Roasted banana-strawberry, honey, almond granola
Brown sugar, milk, roasted fruits

THREE-EGG OMELETTE 15.00
Breakfast potatoes, choice of filling:
American, cheddar, bacon, ham, sausage, mushrooms, onions, peppers, tomatoes

TWO CAGE FREE EGGS ANY STYLE 14.00
Breakfast potatoes, choice of bacon, sausage or ham

CARAMELIZED ONION AND ROASTED PORTOBELLO OMELETTE 15.00
Grafton cheddar, cranberry pecan toast

THE BENEDICT 14.00
Traditional Canadian bacon, toasted muffin, hollandaise

ORANGE FRENCH TOAST 12.00
Vanilla-cornflake crust, orange zest butter

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BELGIAN WAFFLE 12.00
Fruit compote, whipped butter, warm maple syrup


BUTTERMILK PANCAKES 12.00
Fresh blueberries, warm maple syrup

RESPONSIBLE

 SPINACH AND ROASTED PEPPER EGG WHITE OMELETTE 15.00
Crumbled local goat cheese, breakfast potatoes

 ROASTED SQUASH FRITTATA 13.00
Egg Beaters, crimini mushrooms, red onions, tomato, arugula

 TOFU AND SEASONAL VEGETABLE WRAP 13.00
Scrambled tofu, flour tortilla, heirloom tomato relish

 MULTI-GRAIN GRIDDLE CAKES 14.00
Seven grains, honey infused Greek yogurt, blackberry syrup, toasted pecans

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ALTERNATIVES

SEASONAL BERRIES	6.00
ASSORTED DRY CEREALS	7.00
BAGEL OR FRESH BAKED PASTRY	5.00
FRUIT OR PLAIN YOGURT	4.00
CAGE FREE EGGS	6.00
STONE GROUND LOGAN TURNPIKE GRITS	7.00
BACON, SAUSAGE, HAM OR ALL NATURAL CHICKEN SAUSAGE	5.00
ENGLISH MUFFIN OR TOAST	4.00
Gluten free options available	

STAYFIT CUISINE

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