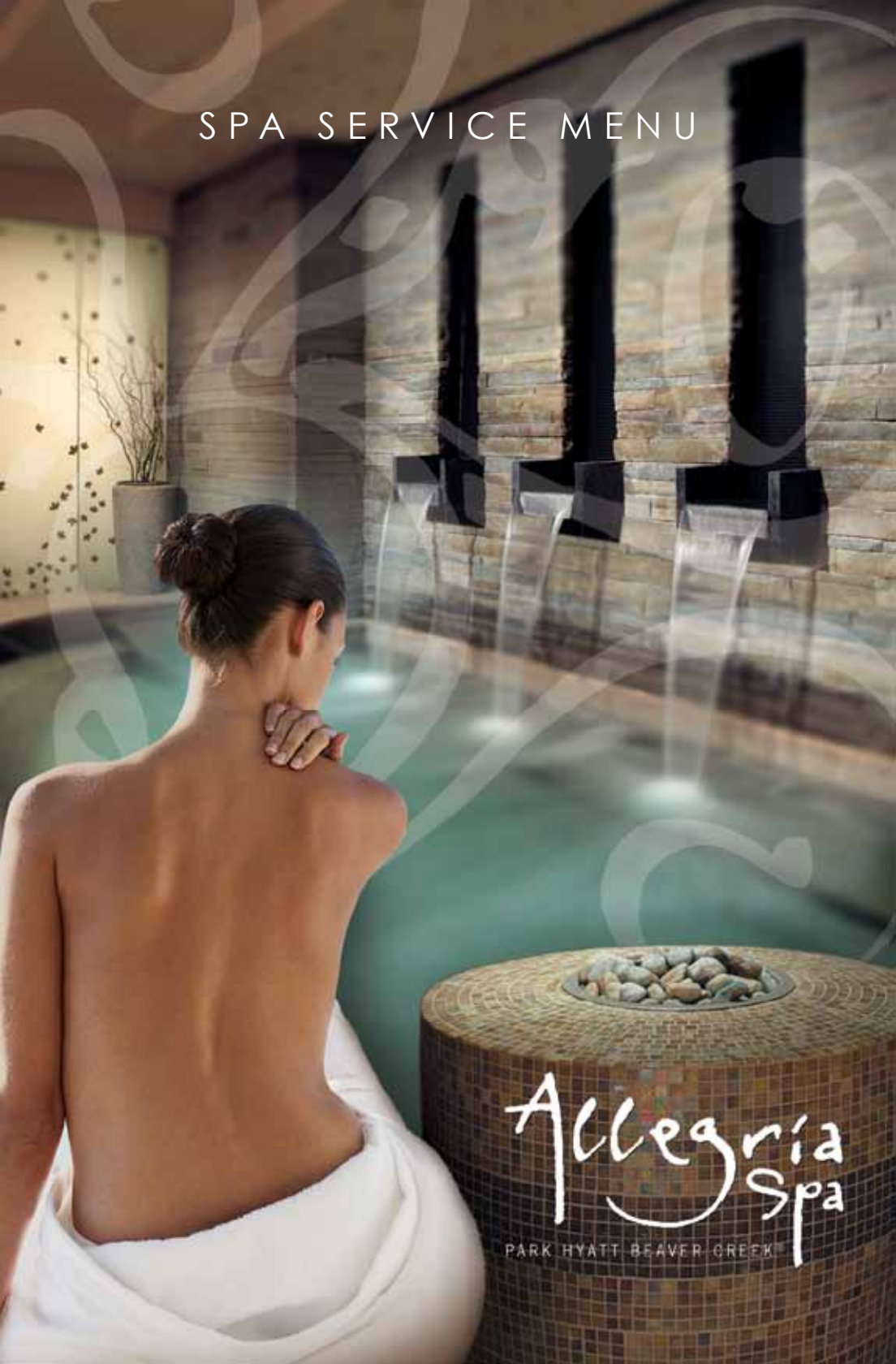


SPA SERVICE MENU



Allegria
Spa

PARK HYATT BEAVER CREEK®

aqua sanitas

Modeled on ancient Roman baths and the origins of spa, Aqua Sanitas, or healing waters, is a self-guided water ritual. Alternating hot and cold temperatures will restore the body and promote wellness and inner peace.

Enjoy Aqua Sanitas before your treatments or on its own.

STEP 1

THERMAE POOL

Evoking a natural spring, this jetted co-ed pool begins your journey. The water raises your core temperature, increases circulation, boosts metabolism and relieves sore muscles.



STEP 3

CASCATA RAINSHOWER

A deluxe rainshower provides an invigorating transition from the heated pools.



STEP 4

CALDARIUM STEAM ROOM

The experience of heat, steam and light promote a feeling of total immersion. The wintergreen-scented steam will refresh and recharge your senses.





STEP 2

CALDARIUM MINERAL POOLS

Continue the journey in separate mineral pools for men and women. Natural, healthy ozonation and salination systems are used to purify the waters.



STEP 5

TEPIDARIUM

Infused with the aromatic scent of lavender, this is a sanctuary for rest and quiet repose. Recline on contoured heated loungers in this serene setting.

spa packages for two

Allegria was designed to be shared. The centerpiece of Aqua Sanitas is a co-ed thermal pool. Three deluxe suites are available, each with unique features. All couples services conclude with champagne, sparkling cider or herbal tea.

SPA ROMANCE

- Wildflower Scrub for Her
- Eucalyptus Sports Scrub for Him
- Couples Steam Shower

2 hours 15 minutes \$650 per couple

- 75 minute Swedish Massage
- Lavender Bath for Two
- Champagne and Chocolate Truffles

RAINSHOWER REVIVAL

- Warm Milk & Honey Sugar Body Scrub
- Vichy Shower Rinse

1 hour 45 minutes \$520 per couple

- 50 minute Swedish Massage
- Champagne and Chocolate Truffles

COUPLES SPORTS RELIEF

- Eucalyptus Arnica Soak
- 75 minute Sports Oriented Massage that Incorporates Hot Stones

1 hour 45 minutes \$550 per couple

- Alpine Thermal Wrap
- Champagne and Chocolate Truffles



day packages

Allow an additional hour to enjoy the Aqua Sanitas self-guided ritual.

THE CLASSICS

Allow 4 hours

\$395

- 50 minute Swedish Massage
- 45 minute Anti-Aging Facial
- Signature Spa Manicure and Pedicure

GLAMOUR GIRL

Allow 3 hours

\$295

- 60 minute Renewal Facial
- Signature Spa Manicure
- Signature Spa Pedicure

WHAT MEN WANT

Allow 2 hours

\$310

- 80 minute Sports Massage
- 30 minute Oxygen Infusion Facial

SWEET INDULGENCE

Allow 2 hours

\$325

- 25 minute Sweet Lavender Body Scrub
- 50 minute Swedish Massage
- 45 minute Hydration Facial

SPA FLIGHT

Allow 2 hours

\$235

- 25 minute Swedish Massage
- 30 minute Express Customized Facial
- 25 minute Express Manicure
- 25 minute Express Pedicure

Spa Packages for Sophisticated Young Ladies

PRIMA DONNA PACKAGE*

ages 8-12

25 minutes

\$50

- Bejeweled Nail Art
- Twinkle Toes Nail Art

DIVA DELUXE*

ages 8-12

70 minutes

\$125

- Prima Donna Updo**
- Sweet Cheeks Makeup
- Bubbling Foot Bath

- Bejeweled Nail Art
- Twinkle Toes Nail Art

**Includes a tiara to take home

UPTOWN GIRL*

ages 12-16

90 minutes

\$250

Swimsuit required

- 25 minute Cranberry Orange Scrub
- 30 minute Express Customized Facial
- 25 minute Swedish Massage
- 10 minute Sweet Cheeks Makeup

* Young guests are welcome to enjoy the outdoor hot tub before their service, but must be 16 or older to use the Aqua Sanitas Water Sanctuary.

massage therapies

CLASSIC SWEDISH MASSAGE	105 minutes	\$265
<i>Promotes relaxation and wellness</i>	80 minutes	\$200
	50 minutes	\$145
	25 minutes	\$85

Featuring a custom oil blend of lavender, geranium and ylang ylang made especially for Allegria Spa. Moderate pressure employing long, relaxing, rolling strokes. Completed with a warm honey foot scrub.

DEEP TISSUE MASSAGE	105 minutes	\$275
<i>Deeper, firmer and therapeutic</i>	80 minutes	\$210
	50 minutes	\$155

Utilizes techniques to alleviate pain and relieve muscle tension by manipulating fascia and connective tissue. This type of massage is more intense than Swedish. Completed with a warm honey foot scrub.

SPORTS MASSAGE	105 minutes	\$275
<i>Focuses on relief of fatigued muscles</i>	80 minutes	\$210
	50 minutes	\$155

Facilitates joint mobility and flushes toxins from sore muscles with a specially blended arnica massage oil. Assisted stretching provides muscle relief and aids in injury prevention. Completed with a honey foot scrub.

PRENATAL MASSAGE	80 minutes	\$200
<i>A soothing, calming treatment for mothers-to-be</i>	50 minutes	\$145

A support cushion can be used during first stages of pregnancy. Long, relaxing, rolling strokes exemplify this massage. Completed with a warm honey foot scrub.

HOT STONE MASSAGE	105 minutes	\$275
<i>Deep relaxation</i>	75 minutes	\$220

Healing with stones is an ancient form of therapy. Basalt river rocks that radiate heat are used to massage and work the muscles. Trails of heat flow across the body and melt away tension and stress.

SPORTS FUSION MASSAGE	105 minutes	\$275
<i>Sports relief and clear breathing</i>	80 minutes	\$220

This massage delivers relief from symptoms of exercise at high altitude. Enjoy hot stones, sports and deep tissue work using a wintergreen and arnica body butter. Eucalyptus steam helps restore clear breathing.

COUPLES MASSAGE

Any massages above may be enjoyed as a couples service.

restorative therapies

105 minutes	\$280
80 minutes	\$220
50 minutes	\$160

Please inquire about specialized restorative modalities that address chronic pain, illness and injury. Based on therapist availability.

- REIKI
- TRIGGER POINT/NEUROMUSCULAR THERAPY
- CHINESE TUI NA MASSAGE
- ACUPUNCTURE
- MYOFASCIAL RELEASE
- SHIATSU
- CRANIOSACRAL THERAPY
- STRUCTURAL INTEGRATION (Rolfing) additional fees may apply

global therapies

ASHIATSU (Barefoot Massage)	105 minutes	\$275
<i>Therapeutic through deep, smooth work</i>	80 minutes	\$220
	50 minutes*	\$160

Barefoot massage is an ancient form of bodywork originating in Asia. Very deep, soothing strokes are applied using foot pressure, hands and hot stones to induce deep relaxation.

*The 50 minute Ashiatsu massage does not include the use of stones.

THAI MASSAGE	105 minutes	\$275
<i>Sports relief, energy work</i>	80 minutes	\$220

A good choice for athletes. Relieves sore and stiff joints and increases flexibility. Utilizes assisted stretching, rhythmic compression and gentle rocking to awaken the body and boost energy. Performed fully clothed on a Thai mat. Please wear loose clothing.

REFLEXOLOGY	50 minutes	\$160
<i>Overall wellness, relaxation</i>	25 minutes	\$90

An ancient form of healing, reflexology supports the immune system by activating the pressure points along the meridians of the feet. Completed with a warm honey foot scrub.



REFLEXOLOGY WITH HOT STONES	50 minutes	\$160
<i>Overall wellness, relaxation</i>		

We enhance our reflexology treatment by wrapping the feet in steamed aromatic towels, exfoliating with a warm honey foot scrub and massaging with a hot river stone.

HOT OIL SCALP & FOOT TREATMENT	50 minutes	\$150
<i>Restores vitality to hair and scalp</i>	25 minutes	\$90

Warm jojoba oil infused with peppermint and rosemary is massaged into the scalp, making hair soft and shiny. A pressure point massage brings relief to aching feet. The 50 minute version includes a honey foot scrub.

ZEN HARMONY	80 minutes	\$220
<i>Stress Relief, Circulation, Relaxation, Altitude Sickness</i>		

Achieve a blissful state of relaxation using gentle acupuncture, cupping, and Chinese methods of wellness. Service begins with an individual assessment to customize your treatment. Service is administered by a Licensed Acupuncturist.

signature cures

A tradition of using water for healing.

COLORADO WILD ROSE CURE

2 hours 15 minutes

\$325

Deep relaxation, exfoliating, hydrating

Warm rose compresses calm the nervous system in preparation for a rose oil and wildflower body scrub. A lavender bath of essential oils and flower petals follows. Relax with a full body massage using a rose geranium body butter. A calming body wrap sweetened with a foot scrub and scalp massage takes you to a state of complete relaxation.

GINGER PEACH CURE

1 hour 40 minutes

\$275

Balancing, gently exfoliating, hydrating

A blend of freshly ground ginger, orange peel, raw sugar, honey and Jojoba buffs skin before an invigorating Swiss shower rinse. The treatment continues with a full body massage, followed by a sumptuous wrap using a rich ginger butter. While wrapped in warm blankets, relax with a neck, shoulder and scalp massage.

ARNICA SPORTS RELIEF CURE

1 hour 40 minutes

\$275

Sports relief

A bath infused with arnica, eucalyptus and juniper relieves sore and fatigued muscles. A therapeutic body massage follows incorporating hot stones and deep tissue work with a warm wintergreen butter. The treatment concludes with an Alpine Thermal wrap, neck and scalp massage.

JAVANESE LULUR

1 hour 40 minutes

\$275

The royal treatment!

NEW! The Lulur is a royal body treatment designed to prepare Javanese princesses for their wedding day. Service begins with a purifying scrub of rice, jasmine, turmeric and spices. A honey yogurt application follows to nourish. Soak in a hot bath infused with jasmine and frangipani with cool violet compresses. A massage using a rich jasmine shea butter completes the bliss.

body scrubs

SWEET ORANGE OR CRANBERRY CITRUS SCRUB 50 minutes \$160

For normal or sensitive skin

An uplifting, skin-polishing scrub of sea salt (or crushed cranberry seeds and jojoba beads for sensitive skin) blended with shea butter, essential oils, crushed citrus granules and herbal melissa. This hydrating treatment includes a warm honey rinse under a vichy shower and a cranberry citrus lotion application.

EUCALYPTUS SPORTS SCRUB 50 minutes \$160

Designed for men

Sea salt blended with crushed eucalyptus leaves, shea butter and essential oils exfoliates the skin. A warm honey rinse under a vichy shower and a eucalyptus body butter application complete this refreshing and healing experience.

WARM MILK & HONEY SUGAR SCRUB 50 minutes \$160

For normal skin

Natural antioxidants and alpha hydroxy acids derived from sugar cane work with honey, aloe vera and milk to promote younger and healthier skin. This treatment finishes with a warm honey rinse under a vichy shower and a skin-queching milk & honey body butter application.

SWEET LAVENDER SCRUB & MASSAGE 75 minutes \$225

For normal to sensitive skin

Begin with a lavender salt scrub, followed by honey gel application and rinse under a vichy shower. Then enjoy a full body massage with a lavender butter.

LEMONGRASS GINGER SCRUB & THAI MASSAGE 75 minutes \$225

Reduces stress and improves circulation

NEW! An invigorating body exfoliation with lemongrass, ground ginger sea salt and basil begins this treatment. A rinse in a Swiss shower followed by 50 minute Table Thai massage.

body wraps

ALPINE THERMAL WRAP 75 minutes \$225

Sports relief, detoxification

A heated herbal pack targets problem areas to ease muscle tension, aches and stress. Treatment includes hot stones and a deep, sports oriented full body massage with arnica and juniper wintergreen butter. Rest and relax in a warm body wrap that is complemented by a comforting neck and scalp massage.

LAVENDAR ROSE HOT OIL WRAP 75 minutes \$225

Calming, soothing

Unwind with a full body massage using hot stones, warm lavender and rose oils. Rest and relax in a warm body wrap while enjoying a comforting neck and scalp massage.

CHAI SOY MUD WRAP 75 minutes \$225

Detoxification & Relaxation

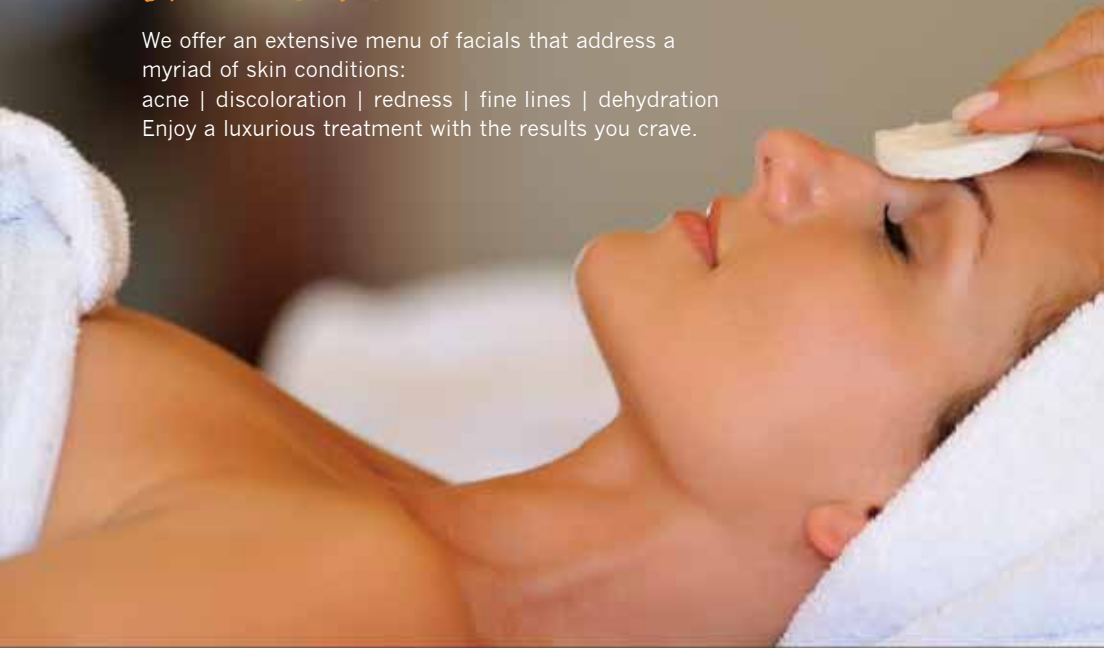
Add 25 minute Swedish massage for \$50

This purifying and luxurious treatment begins with a warm Chai Soy Mud wrap that will detoxify and nourish the skin. Followed by a relaxing Swiss Shower rinse and completed with a hydrating Arabian Spice lotion.

skin care

We offer an extensive menu of facials that address a myriad of skin conditions:

acne | discoloration | redness | fine lines | dehydration
Enjoy a luxurious treatment with the results you crave.



ANTI - AGING TREATMENTS

ANTI AGING FACIAL

45 minutes

\$155

This treatment uses a blend of nine advanced anti aging complexes for potent age control. Your facial will include an Opal eye infusion to diminish the appearance of fine lines. The custom peel maximizes the effect by removing dull damaged skin and exposing youthful radiant skin. All this without the side effects of irritation or redness.

RENEWAL FACIAL

60 minutes

\$175

A microderm scrub, cinnamon enzyme peel and tightening two layer mask stimulate and energize the skin while boosting cellular metabolism. A very active facial, that will leave your skin renewed. A favorite of the esthetics team.

DELUXE FACIAL WITH OXYGEN INFUSION

75 minutes

\$225

This treatment simultaneously infuses moisture, vitamins and peptides into the skin via cooling, calming pressurized oxygen resulting in luminous, unparalleled hydration and visible, age defying results. Your skin will instantly feel rejuvenated with improved volume and a noticeable lift.

RED CARPET FACIAL

90 minutes

\$270

Discover the secret of celebrities and pre red-carpet treatments. This rejuvenating experience includes all the elements of the Deluxe Facial (above) with the added benefit of a custom Nuface micro-current treatment to lift and tone facial muscles. Expect to regain firmer muscles, tighter skin, lifted brows, contoured cheekbones and a more defined jaw line. The perfect way to prepare for any special event.

HYDRATION

OXYGEN INFUSION FACIAL

30 minutes

\$125

This infusion facial uses a combination of natural peptides and vitamins to smooth the skin and diminish the appearance of fine lines and wrinkles. The skin instantly looks smoother and feels tighter & firmer. Designed specifically to refine the forehead and soften eye contour.

HYDRATION FACIAL

45 minutes

\$145

Soothing and reviving, this facial is designed to counteract the drying effects of our mountain environment. A Clarisonic cleanse and custom exfoliation allow for greater product absorption. A Hydrating Mineral Mask combined with a Green Tea and Sea Enzyme Mask provides the moisture boost. An Opal eye and lip infusion add volume to the lips and diminish the appearance of fine lines around the eyes.

DEEP CLEANSING & PROBLEM SKIN

DEEP CLEANSING FACIAL

60 minutes

\$175

Begin with a Clarisonic brush cleansing to remove impurities followed by steam, exfoliation and extractions. A calming and clarifying mask further cleanses, while helping to restore moisture levels. Your esthetician will recommend a custom peel or exfoliation, based on your particular need. The result will be a clarified and brighter complexion.

TEEN FACIAL

45 minutes

\$145

A good introduction to proper skin care for teens. Cleansing, steam, extractions and exfoliation remove impurities. A calming mask restores the skin while the scalp, shoulders and hands are massaged.

SUN TANNING

15 minutes

\$45

Enjoy a flawless, non-sticky and quick drying body bronzing brought to you by South Seas®. Paraben free with no orange discoloration. This tanning product is consistently voted "Best of the Best" by Allure Magazine and is used on the sets of NBC, ABC, CBS and HBO.

hair services

COLOR - L'Oreal Professional Products

All color processing includes a blow-dry & style. Pricing for color does not include cut, and varies by hair length, thickness and texture. Please ask your stylist for a time & price quote prior to your service.

- Full Highlights \$145 - \$160
- Partial Highlights \$125 - \$140
- Color \$115 - \$125

CUT AND STYLE

- Ladies Design, Cut and Style - above shoulder length hair \$65
- Ladies Design, Cut and Style - below shoulder length hair \$80
- Men's Cut, Dry & Style \$35
- Children Under 12, Cut Only \$35
- Children Under 12, Cut, Dry & Style \$55
- Shampoo/Blow-Dry - above shoulder length hair 45 minutes \$50
- Shampoo/Blow-Dry - below shoulder length hair 60 minutes \$65
- Shampoo/Set 75 minutes \$65
- Special Event Style 60 minutes \$115
- Add Curls or Flatiron to any hair service 15 minutes \$15

SPECIALTY HAIR SERVICES

L'OREAL™ POWER DOSE REPAIR TREATMENT add to any service \$20

Add instant visible conditioning and shine to your cut, color or blow-dry. In minutes, this professional treatment nourishes hair cortex, cuticle and surface.

GLOBAL KERATIN™ HAIR TAMING up to 120 minutes \$300 - 400

Global Keratin hair taming system with JUVEXIN™ will give you more manageable, soft, shiny, smooth and frizz-free hair for up to 5 months. JUVEXIN™ maintains your hair's natural properties by creating a shield over each strand, repairing from the inside out.

KERATIN EXPRESS™ SMOOTHING TREATMENT up to 75 minutes \$125 - 200

Looking for a Keratin service without the commitment? Keratin Express™ is a revolutionary conditioning treatment that takes less time than the traditional Keratin treatments to achieve smooth, shiny, healthy hair. Results last 4 - 6 weeks with proper hair care. Also available as an add-on to any cut or color service for an additional 20 minutes for \$50.

KERATIN MAINTENANCE TREATMENT 60 minutes \$75 - 95

A professional conditioning developed to extend the life of your Keratin treatment. A concentrated dose of JUVEXIN™ coats the hair, adding strength and manageability. Includes a shampoo and blow-dry.

nail services

Specializing in natural nails only.

ALLEGRIA DELUXE PEDICURE	70 minutes	\$100
ALLEGRIA DELUXE MANICURE	55 minutes	\$65

Hands show the first signs of aging. These deluxe treatments feature an anti-aging serum to improve sun damaged skin and includes anti-oxidant paraffin treatment for the hands and feet.

SIGNATURE SPA PEDICURE	55 minutes	\$90
SIGNATURE SPA MANICURE	45 minutes	\$50

A complete treatment for the hands and feet. Each service is customized with seasonal scrubs, masques, serums, and lotions to revitalize and renew your skin. Manicure includes a nourishing lavender hand paraffin treatment.

MEN'S PEDICURE	55 minutes	\$90
MEN'S MANICURE	45 minutes	\$45

Cuticle trim, nail shape and exfoliation. Pedicure features a cooling mask containing healing and invigorating tea tree and peppermint.

EXPRESS PEDICURE	25 minutes	\$50
EXPRESS MANICURE	25 minutes	\$40

Pressed for time? Express services include a cuticle trim, hydration, nail shape and polish. Foot filing not included in Express service.

APRES SKI FOOT RELIEF	25 minutes	\$60
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NEW! Enjoy a gentle foot soak, seasonal scrub, foot massage and warm paraffin treatment. Complete with a complimentary glass of beer or sparkling wine.

NEW! ENHANCEMENTS

- Shellac or Gelish Application **\$25**
- Shellac or Gelish Removal **\$10**
- French Polish **\$10**
- Paraffin for Hands **\$10**
- Paraffin for Feet **\$15**

makeup services

Truly modern mineral makeup with future-thinking benefits and a color palette that is neutral and fashion forward, subtle and striking! Perfect for our mountain lifestyle.

A BEAUTIFUL YOU	60 minutes	\$95
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Discover beauty breakthroughs designed with purpose and longevity. From multi-tasking, skin-transforming foundation, to lash enhancing mascara, to unbeatable brow defining solutions - a new standard of beauty awaits you.

MAKEUP APPLICATION	30 minutes	\$55
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Special occasion? Let our professionals send you off ready for the red carpet.



bridal services

BRIDAL DAY MAKEUP

up to 45 minutes

trial \$55
day of \$65

Let an experienced makeup artist create a beautiful look for your wedding day.

BRIDAL PARTY MAKEUP APPLICATION

up to 30 minutes

\$55
per person

BRIDAL DAY HAIR*

up to 75 minutes

trial \$120
day of \$130

Regardless of how complex or classic your desired look, our bridal stylist will create a style to compliment your features. A trial is encouraged 3-4 weeks prior to the wedding.

BRIDAL PARTY STYLE*

up to 60 minutes

\$115
per person

Choose from an updo, half-up or down with luxurious curls.

SHAMPOO/BLOW-DRY

up to 60 minutes

\$50 - \$65
per person

A polished look with a round brush finish.

EYELASH APPLICATION

\$35
per person

Get the eyelashes you've always wanted. Lash enhancements will last throughout your event.

Staying within the Beaver Creek area? Let us come to you!
Please inquire about off property pricing and availability.

BRIDAL PACKAGES

JAVANESE LULUR

1 hour 40 minutes

\$275

Royal Javanese body treatment

The Lulur is a royal body treatment designed to prepare Javanese princesses for their wedding day. Service begins with a purifying scrub of rice, jasmine, turmeric and spices. A honey yogurt application follows to nourish. Soak in a hot bath infused with jasmine and frangipani with cool violet compresses. A massage using a rich jasmine shea butter completes the bliss.

ICING ON THE CAKE (for the bride)

3 hours 45 minutes

\$300

- Signature Spa Manicure
- Signature Spa Pedicure
- Bridal Day Hair*
- Bridal Makeup

BLUSHING BRIDESMAIDS

1 hour 30 minutes

\$145

- Express Manicure
- Special Event Style*

*Service does not include a shampoo and blow-dry. An additional 30 minutes must be scheduled in advance at a cost of \$25.



THE CLUB AT
Allegrria Spa

PARK HYATT BEAVER CREEK®

970-827-6660 | Open Daily 6am - 8pm

Located at the base of Beaver Creek Mountain, a world class ski resort, you will find distinctive amenities in a spa atmosphere: a heated outdoor pool, outdoor hot tubs and Club member locker facilities with steam and dry saunas. Four fitness studios include:

Kinesis™ studio | Private Pilates studio | Private Yoga studio | Group Fitness studio for Yoga, Pilates, Spinning and body sculpting classes.

MEMBERSHIP

Be inspired beyond the world of weights and cardio equipment. We offer special member discounts on spa treatments, personal training, group classes and valet parking. Annual, seasonal and monthly memberships are offered. Please contact our Membership staff: 970-827-6704.

CLUB ACCESS

The Club at Allegrria Spa is an adults only facility. Ages 16 and older are welcome. Ages 14 and older may participate in group classes, personal training and Kinesis™ classes.

yoga program

Private yoga is ideal for beginners and those looking to take their practice to a new level. Expect hands-on attention, physical adjustments, assisted stretching and exercises customized to your needs. Our group schedule offers a variety of yoga styles including Kundalini, Vinyasa flow, Power yoga and Hatha yoga. All levels are welcomed.

PRIVATE	50 minutes	\$105
DUET	50 minutes	\$140
CLASSES	50 minutes	\$20*

* Group classes are \$20 for members, Park Hyatt guests and others holding a valid entry into Allegrria Spa. Other guests are welcome to purchase a daily pass for \$55.00 that includes a fitness class or a weekly pass for \$150 which includes 3 fitness classes.

pilates program

We offer a private studio accommodating privates and duets with two reformers, a Cadillac, ladder barrel and a chair. If you are already a Pilates enthusiast, treat yourself to a private to expand your practice with a Master Trainer. If you've never done Pilates our private studio will give you a comprehensive introduction to get you started in this fabulous practice. Group Pilates classes are offered daily.

PRIVATE	50 minutes	\$105
DUET	50 minutes	\$140
CHAIR CLASS	50 minutes	\$20*
MAT CLASS	50 minutes	\$20*

personal training

Make this a life-changing vacation. Hire a certified personal trainer to enhance an existing program or to create a custom exercise program. All trainers have certifications from the leading strength and conditioning academies and set the standard in the club industry with continuing education and professional development.

PERSONAL TRAINER	50 minutes	\$105
Additional participant		\$35
FITNESS ASSESSMENT	50 minutes	\$105
Includes body composition, girth measurements, blood pressure, resting heart rate, muscle endurance, strength test and a postural assessment.		
ASSISTED STRETCHING	30 minutes	\$75

outdoor program

GUIDED HIKE OR SNOWSHOE

Our mountainside location is the perfect point to begin an exhilarating outdoor adventure at your perfect pace. Or meet fellow travelers in a group hike, snowshoe excursion or aqua class.

PRIVATE (up to 2 people)	90 minutes	\$140
Additional participant		\$35
GROUP HIKE OR SNOWSHOE	90 minutes	\$40
AQUA PUMP CLASS	50 minutes	\$20*
SNOWSHOE EQUIPMENT RENTAL	120 minutes	\$25

group fitness

30 - 50 minutes **\$20***

The class schedule changes seasonally and includes a well rounded program with Yoga, Pilates, Chair Pilates, spinning, cross training, core motion and express workouts. For the updated class schedule, visit: www.allegriaspa.com/fitness.asp

* Group classes are \$20 for members, Park Hyatt guests and others holding a valid entry into Allegria Spa. Other guests are welcome to purchase a daily pass for \$55 that includes a fitness class or a weekly pass for \$150 which includes 3 fitness classes.

KINESIS™

THE ORIGINAL MOVEMENT

A center piece at The Club at Allegría Spa, Kinesis™ is a semi-private workout program using specialized cable equipment imported from Italy. A certified trainer offers a complete workout combining cardio, strength, joint flexibility and core. Reduce your risk of injury, enhance ski performance, improve your golf game and increase muscle tone. A must try workout! Space is limited.

SEMI-PRIVATE CLASSES

- 3 - 6 participants. Call for an appointment.

50 minutes

\$30
per person

KINESIS CHALLENGE (monthly program)

- 8 - 50 minute sessions for 4 weeks.
- 4 participants.

50 minutes

\$180
per person

Encourage a group of friends or family to join in on this program to improve strength, coordination and cardiovascular endurance.



Allegria Spatique

970-827-4942 | Open Daily

*Bring a little "Allegria"
home with you*

Shop our spa boutique. Featuring luxury skin and body care lines, signature bath and body, stylish lounge wear, swimwear, fitness clothing, home goods and unique accessories. Visit our boutique within the spa or shop on our web site:

www.allegriaspaspa.com

helpful hints

GUEST FEES

Access to Aqua Sanitas is complimentary when having a spa or salon service. Hyatt, East West Resort rental guests and Members have access to the fitness center and may purchase a day pass to Aqua Sanitas for \$20. Other guests may purchase a day pass for \$55 that provides access to Aqua Sanitas, the fitness center, locker room facilities, pools, hot tubs and 1 group fitness class (some exclusions apply). A weekly pass can be purchased for \$150 and includes 3 group fitness classes.

AGE REQUIREMENT

Guests must be 16 years or older to use the fitness center, member locker rooms and Aqua Sanitas Water Sanctuary. Guests under 16 may have spa treatments with access to the spa locker rooms and will be assigned a therapist of the same gender.

ARRIVE EARLY

We recommend arriving 1 hour prior to your appointment to allow for check-in and to enjoy the Aqua Sanitas self-guided water ritual. If you are late, your service will still end as scheduled so that our next guest may begin on time.

ATTIRE

We provide a private locker, robes and slippers for all spa treatments. Bathing suits are required for the Aqua Sanitas water sanctuary. Undergarments may be worn during your spa service if it increases your comfort level. However, please know that we maintain a strict draping policy for your privacy. Proper athletic attire and footwear are required in the Fitness Club.

CANCELLATIONS AND NO-SHOWS

Cancellations must be made 24 hours prior to your appointment to avoid being charged in full. No shows will be charged the full amount of the treatment.

CELL PHONE USAGE

To respect a peaceful experience for everyone, the use of cell phones is not permitted in the spa or fitness Club.

GENDER PREFERENCE

You may request a male or female therapist for your spa service. All therapists are trained professionals who will properly drape you throughout your treatment. If you are willing to book a spa treatment with either gender, it will offer you more flexible scheduling options.

GRATUITY

An 18% gratuity and a 5% resort assessment will be added to all spa and salon services.

PERSONAL BELONGINGS

Day-use lockers are provided for your personal belongings. We regret that we cannot be responsible for lost or damaged items. Please do not wear jewelry to the spa. Due to space limitations we cannot accommodate ski, snowboard or sports equipment in the Spa or Club.

PREGNANCY AND HEALTH

If pregnant, avoid treatments using deep pressure, Thai Massage, Barefoot Massage, Hot Stone Massage and body wraps. Please inform our Spa Concierge when making your reservation so that we may provide specially trained therapists and pregnancy pillows for support and comfort. When scheduling, please inform us of any medical conditions or product sensitivity.

PARKING

Spa guests may valet park at the Park Hyatt Beaver Creek at a discounted rate of \$7.



Allegría Spa

PARK HYATT BEAVER CREEK®

100 East Thomas Place • P.O. Box 8437 • Beaver Creek, Colorado 81620 USA
TELEPHONE 970-748-7500 • FACSIMILE 970-748-7501
www.allegriaspa.com

OPEN 365 DAYS A YEAR

Fitness Hours: 6 am - 8 pm • Spa Hours: Change Seasonally

PARK HYATT BEAVER CREEK®

RESORT AND SPA

Pricing for the year 2012