

SIN ROOM DINING

In Room Dining at Palacio Duhau - Park Hyatt Buenos Aires provides a level of service and culinary experience on par with the hotel restaurants. Operating 24 hours a day, serving breakfast and all day dining. A midnight supper and snack menu is available until 6:00 a.m.

BREAKFAST MENU

CONTINENTAL
BREAKFAST

Viennoiserie Stand (croissant, 'medialuna', pain au chocolat, raisin roll, muffin) with jam, organic honey, 'Dulce de leche' and butter.
Choice of juice or seasonal fruits
Selection of hot beverages
\$ 155

AMERICAN BREAKFAST

Viennoiserie Stand (croissant, 'medialuna', pain au chocolat, raisin roll, muffin) with jam, organic honey, 'Dulce de leche' and butter.
Juice and seasonal fruits
Choice of cereals with milk or yogurt
Selection of hot beverages
Farm eggs cooked any style with your choice of garnish
Toasted white or whole wheat bread
\$ 220

FRESH JUICE

Orange, Apple, Grapefruit, Carrot, Vegetable
\$ 34

Sliced seasonal fruits
\$ 38

CEREALS

Corn Flakes, Froasted Flakes, Chocolate Rice Crispies, All Bran,
Muesli, Granola, Bircher muesli

\$ 30

With bowl of fruit salad

\$ 22

DIARY

Selection of plain, low fat and fruit yogurt
Gruyère cheese, cream cheese

\$ 21

BAKERY

Viennoiserie stand
(croissant, 'medialuna', pain au chocolat, raisin roll, muffin)
Served with jam, organic honey, 'Dulce de leche' and butter

\$ 36

Toasted white bread
Toasted whole wheat bread
Baguette

\$ 30

Lemon cake

\$ 28

Waffles, Pancakes, French toast
Served with seasonal berries

\$ 48

EGGS

Boiled, scrambled, poached or fried

\$ 40

Benedict

(poached eggs with sautéed bacon and Hollandaise sauce)

\$ 48

Omelette or egg white omelette

With your choice of two fillings, served with
toasted white or whole wheat bread

\$ 46

ALL EGG DISHES ARE SERVED WITH ROASTED TOMATOES, POTATOES
AND SEASONAL VEGETABLES

ON THE SIDE

Ham

Bacon

Pork sausages

Organic tomatoes

Mushrooms

Potatoes with thyme

Smoked pacific salmon

\$ 17

HEALTHY LIVING

Taking care of you is something fundamental to us.

To help you leading a healthy lifestyle by ensuring optimum performance of body and mind the Brazilian nutritionist Patricia Teixeira, who has counselled international sports stars, has created this exclusive range of juices and smoothies especially for Hyatt.

Our juices and smoothies provide you with all the nutrients you need, helping your body to function optimally: carbohydrates, dietary fibers, healthy oils, proteins.

HEALTHY LIVING
BREAKFAST

1 Glass of vegetables / fruits juice
1/2 Smoothie own choice from menu
1 Green tea for great antioxidant protection
2 Slices of wholegrain organic spelt bread with a selection of goat cheese and blackcurrant vanilla compote
2 Scrambled organic eggs topped with sun dried tomatoes
Fresh vegetables and avocado

\$ 220

DIGESTION JUICE

Kiwi, green apple, grapes, pineapple

Enjoy this juice before, during or after a meal, especially if it contains red meat.

It can also be valuable if you feel the need for extra digestive support the morning following a big dinner. Kiwi and pineapple contain enzymes that will support the digestion of food. The fibers from the apple will make your food travel slower through the digestive tract and therefore enhance the absorption of important nutrients.

\$ 49

GOOD ENERGY JUICE

Beetroot, baby spinach, carrot, red apple, chopped dill

This juice is always good. Have it when you feel a bit tired, it will fill you with energy and a feeling of well-being. This juice is rich in healthy vegetables and helps you balance the blood sugar and gives you great energy and helps enhanced your mood. Spinach helps detoxify hormones; and beetroot supports digestion, which is important for absorbing nutrients.

\$ 49

SMOOTHIE CARE

Raspberry, peach, soya milk, aloe vera, almond

Peach offers the phytonutrients lycopene and lutein. Lycopene protects your body and lutein offers support for healthy eyes. Aloe Vera is being used to treat various health conditions including burns and arthritis. Raspberries contain a great portion of B-vitamins and supplies powerful antioxidants.

\$ 49

SMOOTHIE BALANCE

Banana, soya milk, orange, baby spinach, cocoa, almond

Banana, rich in the important potassium, seems to have a blood pressure lowering effect, to act to smooth the intestinal tract and have cholesterol lowering effect. Baby Spinach is a great source of various vitamins and

important minerals, it also supports antioxidants vitamin C and carotens.

Cocoa is thought to be a natural aphrodisiac and antidepressant.

\$ 49

COFFEE

Coffee
Decaffeinated coffee
Espresso
'Lágrima'
\$ 30

Capuccino
Double espresso
\$ 32

Large pot (4 cups)
\$ 45

TEA COLLECTION

English breakfast
Earl grey
Darjeeling savoir faire
Organic green
Smoked sencha
Apple cinnamon
Fruit
Floral
\$ 38

INFUSIONS

Mint
Boldo
Digestive
Camomile
\$ 38

HOT DRINKS

Hot chocolate
'Submarino'
\$ 32