

AWAKEN YOUR SENSES!

Freshly Brewed Seattle's Best Coffee	5 per person
Selection of Tazo Teas	5 per person
<i>Espresso, lattes and cappuccinos are also available</i>	

BREAKFAST BUFFET

<i>A lavish array of all of your early morning favorites</i>	31
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ALTERNATIVE

Seasons Best Fruit	10
<i>Selection of seasonal local & mainland fruits</i>	
Teriyaki Steak	12
Hashbrowns	8
Breakfast Parfait	9
<i>With Anahola Granola & seasonal fruits</i>	
Gluten Free Hot Cereal	10
Crispy Home Style Potatoes	8

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of food borne illness.

INSTINCTIVE

Steel Cut Oatmeal <i>Roasted fruit, pineapple chutney, brown sugar, milk & raisins</i>	10
Two Cage Free Eggs any style <i>Served with crispy home-style potatoes with caramelized leeks & your choice of meat</i>	18
Corned Beef Hash <i>Poached eggs & chipotle sauce</i>	19
The Benedict <i>Traditional with Canadian bacon, a toasted English muffin & hollandaise sauce</i>	20
Smoked Salmon <i>Built for you on a toasted bagel with cream cheese, tomatoes, onion & capers</i>	19

RESPONSIBLE

Egg Beater Skillet <i>Baked egg beaters, Kamuela tomatoes, ciabatta parmesan crust</i>	18
Mushroom & Pepper Egg White Omelette <i>Served with low fat mozzarella & roasted tomato</i>	19
Tofu Scramble <i>Curry spiced tofu with Kamuela tomatoes, avocado, shiitake mushrooms Served with charred tomato coulis & local watercress</i>	18

COMFORT

Roasted Apple Pancakes <i>Topped with almond streusel</i>	19
Buttermilk Pancakes <i>Topped with bananas and raspberries</i>	17
Cinnamon French Toast <i>Butter and maple syrup, served with roasted fruit</i>	17
Ham & White Cheddar Panini <i>Fried egg, shaved ham & Dijon spread</i>	16
Asparagus & Crab Omelette <i>Fontina cheese, roasted tomatoes</i>	19
Belgian Waffle <i>With fruit compote, butter & warm maple syrup</i>	16

REGIONAL

Loco Moco <i>An island favorite! Two eggs, any style, over a ground sirloin steak with brown gravy & steamed rice</i>	20
Crab Cake Benedict <i>Homemade crab cake, sauteed spinach, toasted English muffin & hollandaise sauce</i>	24
Mahi Mahi & Eggs <i>Grilled Pacific mahi mahi topped with a poached egg served with fresh asparagus & a tropical fruit relish</i>	25